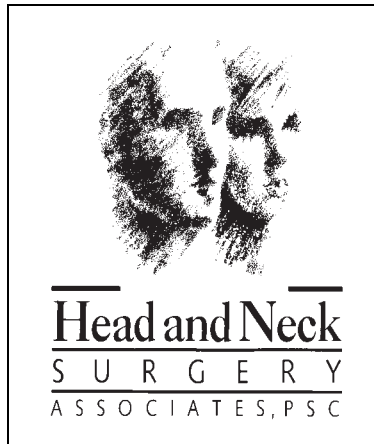


# PATIENT INSTRUCTION SHEET FOR SUBLINGUAL IMMUNOTHERAPY



## **General Information:**

Sublingual immunotherapy is taken once a day.

## **Reactions:**

If at any time you experience swelling, hives, severe itching or a rash please let our office know prior to administering drops.

*\*Do not take drops if you have oral ulcerations/irritation, have had recent oral surgery, or have hives, a rash or flu symptoms.*

## **How to Administer:**

After removing cap, place tip of dropper under tongue behind front bottom teeth and squeeze dropper appropriate number of times to deliver 1, 2, or 3 drops (depending on your dose). Hold under tongue for at least 30 seconds then swallow. Replace cap & continue to store dropper in refrigerator until next use.

*\*Have your epi-pen/Twinject with you for at least 1 hour after using drops.*

*\*Your dropper bottle delivers a specific amount of antigen with each use.*

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## **Starter Pack**

<b><u>Bottle #1(brown)</u></b>	<b><u>Bottle #2(green)</u></b>	<b><u>Bottle #3(blue)</u></b>	<b><u>Bottle #4(clear)</u></b>
1 drop for 7 days	1 drop for 7 days	1 drop for 7 days	1 drop for 7 days
2 drops for 7 days>>	2 drops for 7 days>>	2 drops for 7 days>>	2 drops for 7 days
3 drops for 7 days	3 drops for 7 days	3 drops for 7 days	3 drops for 7 days (Maintenance Dose)

## **Maintenance Dose Bottles**

Continue 3 drops once a day until bottle is empty or expires unless otherwise directed.

*\*Your maintenance bottle should have a clear cap.*

*\*If you are allergic to multiple antigens you may be required to use 2 bottles each day. One would be used in the AM & the other in the PM.*