

Head and Neck Surgery – Ear, Nose, Throat & Allergy Specialists

The Center for Surgical Care

### **Post-operative Instructions for Frenuloplasty**

There may be some swelling or edema the first 24 to 48 hours after the procedure.

Typically swelling is not excessive. If you experience significant swelling and/or bleeding, please contact the physician.

The patient should eat soft, non-spicy foods for the first few days following the procedure or until swallowing is normal.

Most patients experience varying degrees of pain in the treatment area or surrounding area controllable by over-the-counter analgesics, such as Tylenol, lasting for 3 to 5 days.

If you have any further questions, please discuss them with you physician.