

Instructions for Electronystagmography (ENG)

DR. _____ has scheduled you for an ENG to be performed

at our _____ office on: at _____ A.M. / P.M.

The appointment is with _____

This test is done to determine the function of the balance portion of the inner ear. Small electrodes will be taped on your forehead and around your eyes to help us determine what your balance system is doing. Due to the fact that part of this test may make you dizzy, you may wish to have a family member or friend drop you off and pick you up. The test takes about 1-.1/2 hours. If you wear glasses, please bring them with you.

Certain substances can influence the body's response to this test, giving a useless and even false result. Therefore do not take any of the following medications for 48 hours before the test:

ANTI NAUSEA MEDICATION: Dramamine, Compazine, Bonine, Marezine, Vontrol, Phenergan, Thorazine, Atarax, etc.

ANTI VERTIGO MEDICATION: Antivert, Meclizine, Ru-vert, etc.

TRANQUILIZERS: Valium, Librium, Atarax, Vistaril, Equanil, Miltown, Triavil, Serax, Etrafon, Ativan, BuSpar, Tranxene, Xanax, etc.

SEDATIVES: Nembutal, Seconal, Dalmane, Dori n, Placidyl, Quaalude, Butison or any other sleeping pills.

NARCOTICS AND BARBITURATES: Codeine, Demerol, Dilaudid, Percodan, Phenaphen, Vicodin, Fiorinal, Talwin, Lortab, Tylox, etc.

ANTI HISTAMINES: ChlorTrimeton, Dimetapp, Dimetane, Disophrol, Benedryl, Actifed, Teldrin, Triaminic, Drixoral, Seldane, Tavist, Claritin, Hismanal, etc.

PAIN MEDICATIONS: Darvon, Tylenol #3, any narcotics, Motrin, etc.

ALCOHOL IN ANY QUANTITY: Including beer, wine, or cough medicine containing alcohol.

NO CAFFEINE PRODUCTS: Coke, Pepsi, Coffee, Tea, etc.

*** You should continue to take heart medication, blood pressure medicine and/or medication for seizures prior to testing. If you have any questions, please do not hesitate to call our office.

***Important: Please do not eat three hours prior to testing.

Ladies: No makeup please.